



Almond Cocoa Protein Mousse

Serves 4

Ingredients

- 1 cup cottage cheese
- 2 TBSP chocolate protein powder ✓
- 3 TBSP coconut sugar (depends on sugar in protein powder) ✓
- 1 TBSP almond butter ✓
- 2 TBSP unsweetened coconut shreds ✓
- 1 ripe banana

Instructions

- 1 In a food processor blend all ingredients until a smooth mix is formed.
- 2 Transfer mixture in small bowl and place in freezer for 1 hour to set.
- 3 Remove mousse from freezer and top with extra almond butter and coconut flakes.

Notes

- ✓ Available for purchase in the PureFormulas Store

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